REVIEW ARTICLE

Supraspinal metabotropic glutamate receptor subtype 8: a switch to turn off pain

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Abstract Glutamate is the main excitatory neurotransmitter in the central nervous system and as such controls the majority of synapses. Glutamatergic neurotransmission is mediated via ionotropic and metabotropic glutamate receptors (iGluRs and mGluRs). Signaling via mGluRs permits to finely tune, rather than turning on/off, the excitatory neurotransmission as the iGluRs do. Eight mGluRs (mGluR1-8) have been cloned so far, which have been divided into three groups based on sequence homology, pharmacological properties and second messenger signaling. mGluRs are widely expressed both on glia and neurons. On neurons they are located both at postsynaptic (group I) and presynaptic sites (group II and III). Group II and III mGluR stimulation reduces glutamate release, which can prove useful in pathological conditions characterized by elevated glutamatergic neurotransmission which include chronic pain. Indeed, mGluRs are widely distributed on pain neuraxis. The recent development of selective mGluR ligands has permitted investigating the individual role of each mGluR on pain control. The development of (S)-3,4-dicarboxyphenylglycine, a selective mGluR8 agonist, has revealed the mGluR8 role in inhibiting pain and its related affective consequences in chronic pain conditions. mGluR8 proved also to be overexpressed in pain controlling areas during pathological pain guaranteeing the availability of a switch for turning off abnormal pain. Thus, mGluR8 corresponds to an ideal target in designing novel analgesics. This review will focus on the novel insights into the mGluR8 role on pain control, with particular emphasis on the supraspinal descending pathway, an antinociceptive endogenous source, whose activation or disinhibition (via mGluR8) induces analgesia.

Keywords Glutamate · Chronic pain · Metabotropic glutamate receptor 8 · Antinociceptive descending pathway · DHPG

Introduction

The amino acid glutamate is the main excitatory neurotransmitter in the mammalian central nervous system (CNS) (Swanson et al. 2005) whose actions are mediated by ionotropic and metabotropic glutamate receptors (iGluRs and mGluRs) (Conn and Pin 1997). iGluRs receptors are in turn divided into N-methyl-D-aspartate (NMDA), α-amino-3-hydroxy-5-methylisoxazole-4-propionic (AMPA) and kainic acid (KA) receptors and are involved in the fast responses of the transmission of nervous signals. mGluRs are G-protein coupled receptors which play a modulation on the synaptic transmission and neuronal excitability and are divided into three groups based on sequence homology, pharmacological profile and transduction mechanism (Ferraguti and Shigemoto 2006). Eight mGluRs (mGluR1-8) have been identified so far. mGluR1 and mGluR5 belong to group I and are coupled to phospholipase C (PLC) activation. mGluR2 and mGluR3 belong to group II and mGluR4, mGluR6, mGluR7 and mGluR8 to group III. Group II and III mGluRs are both

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associated with adenylate cyclase inhibition (Ferraguti and Shigemoto 2006; Ritter and Hall 2009). mGluRs are expressed at nerve terminals, postsynaptic sites and on glia modulating the glutamate transmission at several levels (Shigemoto et al. 1997; D'Antoni et al. 2008). Group I is mainly localized at the postsynaptic density. Their activation increases neural excitability, whereas group II and group III are primarily located presynaptically where they serve as auto- and hetero-receptors (Ohishi et al. 1995; Petralia et al. 1996). mGluRs are widely distributed throughout the nervous system with the only exception of the mGluR6, which is exclusively expressed in the retina (Vardi et al. 2000). Group III is the largest and less characterized among mGluR groups owing to the lack of selective pharmacological agents. Selective orthosteric and allosteric ligands for group III mGluR subtypes were recently discovered, thus permitting elucidating the role of each of these receptors in CNS disorders. mGluR4, mGluR7 and mGluR8 are able to modulate both the main inhibitory and excitatory neurotransmitter in the CNS and their wide expression in nearly all nervous tissues involved in nociception suggest that these receptors may be involved in the molecular mechanisms at the basis of neurological disorders, characterized by glutamate/GABA neurotransmission imbalance, including chronic pain (al-Ghoul et al. 1993; Hudson et al. 2002; Dmitrieva et al. 2004; Pitcher et al. 2007; Zeilhofer and Zeilhofer 2008; Santangelo et al. 2012). By this subject, mGluRs may be exploited to correct the biochemical abnormality at the base of these neuropathological conditions.

mGluR8

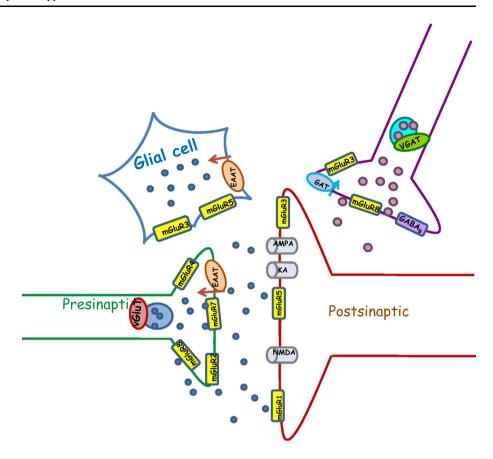
mGluR8 is alternatively spliced into mGluR8a, 8b and 8c variant isoforms (Corti et al. 1998; Malherbe et al. 1999). mGluR8a and 8b differ in the last 16 amino acids and mGluR8c contains only the N-terminal domain (and it is likely to be a secreted protein). Its pre-synaptic localization has been confirmed using immunohistochemistry, electron microscopy and immunogold labeling owing to the absence of selective ligands for mGluR8 (Kinoshita et al. 1996; Shigemoto et al. 1997). The mGluR8 is widely distributed in the CNS. In situ hybridization of mGluR8 mRNA showed high mGluR8 levels in the lateral septum, amygdala, olfactory bulb, pontine gray, lateral reticular nucleus of the thalamus and piriform cortex. Less abundant expression was detected in the cerebral cortex, hippocampus (particularly, lateral perforant path to dentate gyrus), cerebellum and mammillary body of the hypothalamus (Saugstad et al. 1997; Ferraguti et al. 2005). In human brain a higher expression of mGluR8 mRNA was detected in the nucleus caudate. Low levels of mGluR8 were found in the spinal cord in both rats and humans (Robbins et al. 2007). Pharmacological evidence reports mGluR8 expression on the central terminals of primary afferents (Thomas et al. 2001). Immunohistochemistry revealed also the presence of mGluR8 in the retina (Koulen et al. 1999) as well as in the periphery (Tong et al. 2002; Tong and Kirchgessner 2003). mGluR8 seems to be exclusively located on the presynaptic sites of glutamatergic, GABAergic and monoaminergic terminals (Shigemoto et al. 1997; Ferraguti et al. 2005; Palazzo et al. 2011; Rossi et al. 2013). Synaptic glutamate can therefore activate mGluR8, as well as mGluR4 and mGluR7, and negatively regulate its own or other neurotransmitter release (Marabese et al. 2005; Niswender and Conn 2010; Palazzo et al. 2011) (Fig. 1). mGluR8 shows a 1,000 times higher affinity to glutamate than mGluR7 (Schoepp et al. 1999), which may allow its activation onto neighboring synapses by spillover of glutamate (Fig. 1). mGluR8 feedback inhibition may thus have a crucial importance in conditions characterized by glutamate hyperactivity.

mGluR8 knockout phenotype

Due to the lack of specific antagonist for mGluR8, the characterization of mGluR8-deficient (-/-) mice is currently the only method available to investigate the physiological role of mGluR8. First report using mGluR8 -/mice stated that this gene deficiency was not associated with any overt pathological phenotype (Gerlai et al. 2002). However, when mGluR8 -/- mice were investigated in different behavioral tests, they showed anxiogenic-like phenotype (Linden et al. 2002, 2003; Duvoisin et al. 2005, 2010a; Robbins et al. 2007). Indeed, the mGluR8-deficient mice exhibited a significant reduction in activity in the inner zone in the open field test and a significant reduction in the entries into the open arms in the elevated plus maze test (Linden et al. 2002; Duvoisin et al. 2005, 2010a; Robbins et al. 2007). mGluR8 -/- mice showed also increased acoustic startle response (Duvoisin et al. 2010a). Other studies using mGluR8 -/- mice expressed no anxiogenic phenotype in unconditioned model of anxiety, including the elevated plus maze, the zero maze and the light-dark box, and more surprisingly a contextual fear deficit, which is consistent with anxiolytic-like phenotype (Gerlai et al. 2002; Fendt et al. 2010). The mGluR8 -/mice showed also weight gain, being 8 % heavier than their wild-type age-matched controls (Duvoisin et al. 2005). The mGluR8-deficient mice did not show cognitive impairments in some studies (Fendt et al. 2010) and impairments in novel location recognition and in spatial memory retention in the water maze in another study (Duvoisin et al. 2010b). The detrimental effects of mGluR8 -/- on



Fig. 1 Synaptic distribution of mGluRs. Generally, group I mGluRs are localized postsynaptically, and group II and III presynaptically. Group III mGluRs are found both on glutamate and GABA neurons where they inhibit neurotransmitter release. Together with excitatory amino acid transporters (EAAT), presynaptic mGluRs contribute to low glutamate synaptic level and avoid glutamate-driven excitotoxicity at the base of several neurological disorders, included chronic pain. VGAT vesicular GABA transporter, vGluT vesicular glutamate transporter, EAAT excitatory amino acid transporter, NMDA N-methyl-D-aspartate receptor, AMPA α-amino-3-hydroxy-5methylisoxazole-4-propionic acid receptor, KA kainic acid receptor, GABA_B GABA type B receptor



spatial memory retention in the water maze were more pronounced in female than male mice (Duvoisin et al. 2010b). Notwithstanding the relevant contribution of these studies, the limit of knockout mice strategies is based on the different background strain used and the compensatory effects raised during the development (Crawley 1999; Cryan and Holmes 2005) which may lead to age-dependent phenotype differences (Fendt et al. 2010). Evidence on mGluR8 knockout phenotype is summarized in Table 1.

mGluR8 selective agonists

L-2-amino-4-phosphonobutyric acid (L-AP4) and L-serine-O-phosphate (L-SOP) are endogenous products of phospholipid cleavage which show non-subtype selective orthosteric agonist action on group III mGluRs (Schoepp et al. 1999). (1S,3R,4S)-1-amino-cyclopentane-1,3,4-tricarboxylic acid (ACTP-I) and (R,S)-4-phosphonophenylglycine (PPG) also behave as non-subtype selective orthosteric agonists of group III mGlu receptors (Schoepp et al. 1999). The available orthosteric antagonists of mGluRs lack specificity on group III mGluR subtypes. MAP4 and MSOP are α -methyl derivatives of the group III receptor agonists L-AP4 and L-SOP and show orthosteric antagonist activity, although they may show agonist

activity at mGluR2 (MAP4, MSOP) or mGluR4 and mGluR6 (MAP4) (Schoepp et al. 1999; Swanson et al. 2005). (R, S)- α -cyclopropyl-4-phosphonophenylglycine (CPPG) is an orthosteric group III mGluR antagonist, which can also antagonize group II mGluRs with nanomolar affinity (Toms et al. 1996). (S)-3,4-dicarboxyphenylglycine (DCPG) is the only orthosteric agonist which shows a >100-fold selectivity for mGluR8 over other group III mGluRs, representing a useful tool to probe the physiological roles of mGluR8 and its involvement in the pathophysiology of several neurological and psychiatric disorders (Thomas et al. 2001). DCPG has been shown to play an anticonvulsant effect (Moldrich et al. 2001; Lee et al. 2003; Jiang et al. 2007; Folbergrová et al. 2008), reduce conditioned fear when injected in the amygdala (Schmid and Fendt 2006), inhibit alcohol self-intake (Bäckström and Hyytiä 2005) and prevent amphetamineinduced locomotor hyperactivity in mice (Robbins et al. 2007). Because the doses used for testing alcohol selfintake and amphetamine-induced hyperactivity also reduced spontaneous motor activity, the role of mGluR8 on drug addiction and schizophrenia is still to be determined. The compound AZ12216052 has shown to potentiate the activity of glutamate in human mGluR8b, thus behaving likely as a positive allosteric modulator (PAM) of mGluR8. Its specificity remains to be determined (Duvoisin et al.



Table 1 A simplified table describing the behavioral mGluR8 knock out phenotype. The strain and the behavioral model used, together with related references, are also indicated

Strain	Phenotype	Test	References
ICR	No significant difference	Morris water maze (MWM)	Gerlai et al. (2002)
	Locomotor hyperactivity	Context and cue-dependent fear conditioning	
ICR	Anxiogenic	Elevated plus maze in low illumination conditions	Linden et al. (2002)
ICR	Anxiogenic	Elevated plus maze	Linden et al. (2003)
	c-Fos-positive cells in the centromedial nucleus of the thalamus	c-Fos immunohistochemistry	
C57BL/6	Heavier than age-matched wild type	Open field	Duvoisin et al. (2005)
	Anxiogenic	Elevated plus maze	
	Locomotor hypoactivity		
C57BL/6	Anxiogenic	Elevated plus maze	Robbins et al. (2007)
	Reduced sensorimotor gating	Open field	
		Pre-pulse inhibition	
C57BL/6	No anxiogenic	Elevated plus maze	Fendt et al. (2010)
	Contextual fear deficit	Elevated zero maze	
	Declarative memory impairment	Light-dark box	
	Reduced GABAergic activity	Conditioned freezing	
	Reduced acoustic startle response (reduced sensorimotor gating, anxiolytic)	Object recognition	
		Chlordiazepoxide-facilitated extinction	
		of operant conditioning	
		Startle system	
C57BL/ 6J	Anxiogenic	Open field	Duvoisin et al. (2010a)
	Anxiongenic (male)	Elevated plus maze	
	Anxiolytic (female)	Acoustic startle response	
	Cognitive impairments (more pronounced in female)	Novel location recognition	
		Water maze	

2011). Consistently with the mGluR8 -/- mice anxiogenic phenotype, mGluR8 stimulation by DCPG or AZ12216052 reduced anxiety-like behavior in mice (Duvoisin et al. 2010a). Moreover, DCPG, administered in the central nucleus of the amygdala (CeA), reduced anxietylike behavior in the elevated plus maze in arthritic rats, but not in the controls indicating an anxiolytic activity of DCPG only upon elevated anxiety-like behavior caused by arthritis (Palazzo et al. 2008). Interestingly, DCPG did not affect baseline synaptic transmission in hippocampal slices from adult rats (Ayala et al. 2008) and failed to modify anxiety-like behavior in normal rats after administration into the basolateral amygdala (Stachowicz et al. 2005). Further studies are warranted to assess the effect of sitespecific mGluR8 stimulation on the measure of anxiety and conditioned fear in normal and pathological conditions. It seems that mGluR8 requires a pathological state to become effective. Thus mGluR8 proved to be different from nonsubtype selective group III mGluR agonists such as LAP4 that inhibited not only pain-related plasticity, but also baseline transmission in the amygdala (Han et al. 2004; Li and Neugebauer 2006). Therefore, the anxiolytic-like

effects of mGluR8 activation may depend on neuroplasticity that affects group III mGluR sensitivity (Neugebauer 2008).

mGluR8 and pain control

The presence of mGluRs within the periaqueductal gray (PAG) (Catania et al. 1994; Leyva et al. 1995) has a strategic importance, with PAG being a crucial area within the antinociceptive descending pathway, whose stimulation induces analgesia (Reynolds 1969; Behbehani 1995). First evidence that mGluR8 in the PAG regulated pain transmission came from a study in which the effect of systemic and intra-PAG administration of DCPG was investigated in inflammatory and neuropathic pain models in mice. Intra-PAG and systemic DCPG alleviated pain responses. The effect proved to be dependent on the time of administration with respect to the peripheral insult. When DCPG was administered 15 min before the peripheral injection of formalin and carrageenan, it decreased pain responses. When the same treatment was carried out 15 min after the



peripheral injection of formalin/carrageenan, it still reduced the late hyperalgesic phase of the formalin test, but did not prevent (neither reduced) the development of carrageenan-induced inflammatory pain. MSOP, a group III receptor antagonist, antagonized the analgesic effect induced by the systemic administration of DCPG when microinjected into the PAG, suggesting that the analgesic effect of systemic DCPG involved mGuR8 within the PAG. Systemic DCPG was ineffective in alleviating thermal hyperalgesia and mechanical allodynia 7 days after the chronic constriction injury of the sciatic nerve, whereas it proved effective 3 days after neuropathic pain induction. Altogether, it seems that within the PAG mGluR8 inhibits the development of formalin and carrageenan-induced hyperalgesia, whereas it would seem less effective in established inflammatory or neuropathic pain (Marabese et al. 2007a). The antinociceptive effect of intra-PAG DCPG was also associated with changes in the rostral ventromedial medulla (RVM) activity (Marabese et al. 2007b), a relay station within the pain descending system, characterized by neurons which respond differently to pain stimuli: ON cells which are activated, OFF cells which are inhibited and neutral cells which are unaffected by nociceptive stimuli (Fields et al. 1983; Heinricher et al. 1989). Systemic or local administration of centrally acting analgesics (such as morphine) inhibits ON cell and increases OFF cell activity; thus, changes in these cell activities are predictive of pain response modulation (Heinricher and Tortorici 1994; Fields et al. 1995; de Novellis et al. 2005). Intra-PAG DCPG reduced thermoceptive responses in the tail flick test, consistently reduced the tail flick-evoked pause duration and delayed the onset of the pause of the OFF cells. A disinhibition of the pain descending system, played by mGluR8 through a decrease of GABA release at PAG level, has been hypothesized in this study and later on demonstrated (Palazzo et al. 2011). This study also evidenced opposite roles played by intra-PAG mGluR7 and mGluR8 stimulation on pain responses and related electrophysiological parameters (Marabese et al. 2007b). The opposite roles played by mGluR7 and mGluR8 on pain were later on evidenced also in the CeA and in the nucleus tractus solitarius (NTS) (Palazzo et al. 2008; Liu et al. 2012). In the CeA the activation of mGluR7 had pronociceptive and anxiety-like effects in normal animals, whereas mGluR8 activation was anti-nociceptive and anxiolytic in the arthritic animals (Palazzo et al. 2008). These results emphasize the importance of mGluR8 and mGluR7 in modulating pain responses, although their roles in normal conditions and different chronic pain models remain to be determined. The better understanding of mechanisms underlying the differential effects of group III mGluR subtypes may not only provide insights into the pathophysiology of chronic pain, but also lead to novel therapeutic strategies for the relief of pain and related affective consequences such as anxiety. Indeed, the facilitatory effect of mGluR7 on pain responses has led to the outcome that its negative modulation may generate analgesia, as recently demonstrated (Palazzo et al. 2013). Opposite actions of mGluR7 and mGluR8 in controlling cardiac nociception have been also evidenced in the NTS. which in contrast to the PAG, plays a facilitatory role in cardiac-evoked muscle hyperalgesia (Liu et al. 2012). Oppositely to what was found in the PAG and CeA, intra-NTS mGluR7-selective non-selective stimulation decreased cardiac nociception, whereas DCPG facilitated it. Both effects were antagonized by intra-NTS MSOP and by vagal deafferentation suggesting that group III mGluRs and mGluR7 in the NTS display an inhibitory effect, while mGluR8 displays a facilitatory effect in modulating cardiac nociception (Liu et al. 2012). Interestingly, the activation of mGluR7, located on the glutamatergic presynaptic terminals at NTS level, inhibits glutamate release, which attenuates NTS-descending facilitatory activity and depresses nociceptive information transmission at the spinal cord level. Activation of mGluR8 on GABAergic presynaptic terminals depresses instead the inhibitory action of GABAergic inter-neurons on the output neurons projecting to the spinal dorsal horn (disinhibition), which enhances NTS-descending facilitatory activity and increases nociceptive information transmission at the spinal cord level (Liu et al. 2012). Thus, the opposite actions of mGluR7 and mGluR8 observed in the NTS with respect to PAG and CeA depend on the proalgesic (NTS) versus analgesic areas (PAG and CeA) and the location of mGluR7 and mGluR8 on glutamatergic/GABAergic terminals. Activation of mGluR8 has shown to inhibit GABA release and simultaneously inhibit pain responses also at the CeA level (Palazzo et al. 2011). In particular, DCPG administered into the CeA increased serotonin and glutamate release, whereas it decreased GABA release in carrageenan-given rats but did not change serotonin, glutamate and GABA release in normal animals. DCPG also increased the thermoceptive threshold and modified the activity of ON and OFF cells of the RVM consistently with behavioral analgesia in rats treated with carrageenan. DCPG was ineffective on pain responses and ON and OFF cell activity in control rats. An increase in mGluR8 expression has been found in the CaA of carrageenan-given rats. Moreover, the double immune-staining revealed that mGluR8 was coexpressed with vesicular GABA transporter (vGAT)-positive profiles. Thus mGluR8 within the CeA, which proved to be overexpressed on GABAergic terminals in chronic pain conditions, seems similar to a switch to be turned on available to inhibit pain when necessary. Recently, the role of the mGluR8 has been investigated also in the dorsal striatum (DS). Consistently



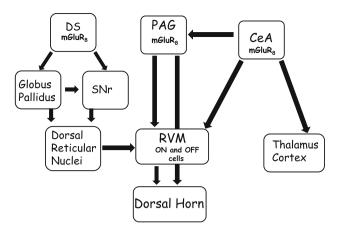


Fig. 2 A simplified scheme illustrating the major pathways from DS, PAG and CeA to the RVM, which represents the converging point within the antinociceptive descending pathway. PAG has few direct connections to the dorsal horn of the spinal cord and uses the RVM as a relay station. The connection from DS to the RVM is far from being direct and the converging point is the dorsal reticular nuclei area. Modulation of pain by CeA is regulated through projections to the PAG and through this to the RVM and dorsal horn or direct connections to RVM. DS dorsal striatum, PAG periaqueductal gray, CeA central nucleus of the amygdala, RVM rostral ventromedial medulla

with the previous studies, the intra-DS DCPG did not modify the activity of the ON and OFF cells in sham rats, but reduced the mechanical withdrawal threshold, the ongoing and tail flick-evoked activity of the ON cells, while it increased the activity of the OFF cells in the neuropathic pain model induced by the spare nerve injury (SNI) of the sciatic nerve in rats. The AZ12216052 compound behaves as DCPG in increasing tail flick latency, the OFF cell activity and decreasing the ON cell activity in SNI rats only, but was less potent. VU0155041, a selective mGluR4 PAM, was instead ineffective in changing thermal nociception and ON and OFF cell activity in both sham and SNI rats. In the DS the mGluR8 gene and immunoreactivity were decreased and proved to be expressed on GABAergic terminals, associated with a protein increase in SNI rats. These results suggest that DS mGluR8 stimulation inhibits pain responses via RVM and confirm that DCPG is effective in chronic pain condition only (Rossi et al. 2013). Mechanisms, meaning and strategies to exploit mGluR8 plasticity in chronic pain conditions in painmodulating sites deserve further investigation. The antinociceptive responses produced by mGluR8 stimulation in supraspinal areas such as PAG, CeA and DS pass through the modulation of RVM activity (Fig. 2) and the activation of the antinociceptive descending pathway. mGluR8mediated inhibition of GABA release drive to the antinociceptive descending pathway disinhibition and consequent behavioral analgesia.



Conclusions

The systemic and site-specific supraspinal stimulation of mGluR8 was shown to reduce pain responses. A particularity of this receptor is the plasticity shown in chronic pain conditions. Indeed, several studies have shown that selective mGluR8 stimulation is effective in pathological pain conditions only, thus assuring a switch to turn off pain only when pain is pathological (and no more useful). mGluR8 has been shown to be often expressed on GABAergic terminals whose stimulation leads to GABA release reduction. Thus, in antinociceptive areas such as PAG, DS and CeA the disinhibition leads to an enhancement of the antinociceptive descending pathway and behavioral analgesia. The development of more and more selective orthosteric and allosteric agonist for mGluR8 able to cross the blood brain barrier may hopefully lead to the development of novel and more effective analgesics.

Conflict of interest The authors declare that they have no conflict of interest.

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